



Full Week Faith



These resources and ideas are tied to the theme and offer ways for you to engage with the worship series throughout the week.

EXPLORE THROUGHOUT THE WEEK

Books / Poetry

Look for some of these titles on Overdrive, offered free with a Sno-Isle Library card.

- The Giant Hug by Sandra Horning
- Every Little Thing by Bob Marley
- We Do Listen books, read with short animations, [this one deals with managing anger](#)
- What Do You Do With A Problem? by Kobi Yamada
- Bug in a Vacuum by Melanie Watt (a book that deals with the 5 stages of grief)
- One Good Deed by Terri Fields
- the Skippyjon Jones books encourage imaginative play
- Not a Box by Antoinette Portis
- One Fine Day by Nonny Hogrogian

Movies

- *Kiki's Delivery Service* by Hayao Miyazaki
- *Bolt* by Walt Disney Films
- *Ralph Breaks the Internet* by Disney
- *Inside Out* by Pixar
- *Heidi* (the 1937 film)
- *Wall-E* by Pixar
- *City of Ember* (PG)
- *Biodome* (PG-13)

Craft

Make a chalice! What objects can you find at your house that you can use to make a chalice? Small flower pots? Saucers? Lego bricks? Clay? If you would like flame or electric tealight candles during the COVID-19 isolation, contact [Mari](#).

Craft

[Coloring pages](#) from the UUA website - coloring can be a relaxing activity, either done alone or with others. If you would like some pages printed for you during the COVID-19 isolation, contact [Mari](#).

Songs / Music

From Singing the Living Tradition

- [Wake Now, My Senses](#)
- [Come and Go with Me / One More Step](#)
- [We'll Build a Land](#)

Movement

Try some of [these many activities](#) from the Big Life Journal.

Spiritual Practice

Listening - ["American Willing to Listen"](#) is an article by Sarah Conover that considers the practice of deep listening. How do you listen in your family? Do you practice active listening? Do you play listening games?

To listen well is to be truly present. [This article](#) shares how to break down barriers to good listening.



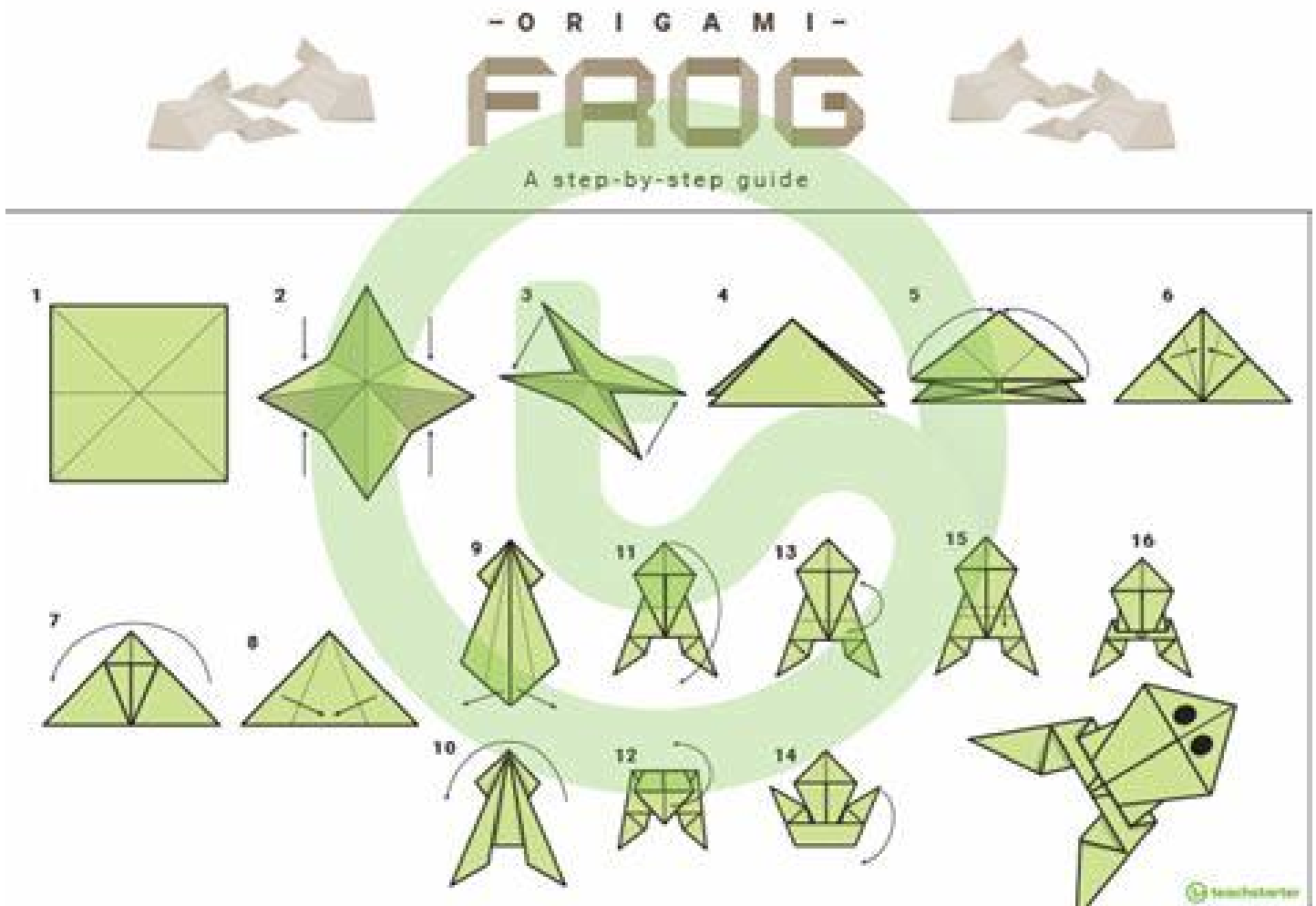
CHILDREN & YOUTH

Children & Youth were invited to consider and explore their beliefs in several ways. JW invited children to pay attention to how they talk about themselves - self-talk. They also explored the beliefs of others like Lucille Ball, Sonia Sotomayo, Jim Henson, Neil Armstrong, and Sacajawea.



Mari's classes were asked how they respond when they make a request and are told 'no', as well as what their next steps are when they make a mistake. These were topics that hadn't really been discussed much! It seems as though they had similar struggles, like many of the adults, in pinning down beliefs.

PLAYING WITH THE SEASON



A TIME TO LAUGH

Q: What did the tree say
to spring?

A: What a re-leaf.

