

These resources and ideas are tied to the theme and offer ways for you to engage with the worship series throughout the week.

### **EXPLORE THROUGHOUT THE WEEK**

#### Books / Poetry

- <u>Read with Pride Northwest</u> (list of LGBTQ authors)
- <u>Black Pacific Northwest Collection</u> (list of books curated by Portland Library)
- <u>Where Would I Be in an Evergreen Tree?</u> by Jennifer Blomgren
- <u>All in a Day</u> by Nikki McClure
- <u>Wheedle on the Needle</u> by Stephen Cosgrove
- <u>A Lot of Otters</u> by Barbara Berger
- <u>Blueberry Shoe</u> by Ann Dixon
- <u>Good Dog, Carl</u> by Alexandra Day
- <u>Ella the Elegant Elephant</u> by Carmela D'Amico
- <u>The Absolutely True Story of a</u> <u>Part-time Indian</u> by Sherman Alexie

#### <u>Movies</u>

- Captain Fantastic R
- Martian Child PG
  - Raspberry Magic Not Rated
- *Butterfly* (about Julia Butterfly Hill) R

### <u>Movement</u>

The Humble Warrior pose can help us tune into



our sense of awe and empowerment at the revolution taking place through protests while keeping us grounded in our own power. <u>This</u>

<u>video</u> demonstrates a flow to move into and out of the pose; <u>this video</u> does not have Humble Warrior, but gives a great foundation for trying the pose using a chair. <u>Craft / Activity</u> <u>These coloring pages</u> by the Cascadia Art Museum are based on works of art, many of them from our bioregion. <u>This exercise</u> is a series of questions to help us explore, realize and know what we know about where we live.



Songs / Music Recess Monkey Captain Babypants Niko Tanya Tagaq A Tribe Called Red Ursa Minor Black Belt Eagle Scout Parisalexa Channel Q (LGTBQ+ radio station)

Promoting & Preserving Local Artists <u>Artist TRUST</u> History Link- <u>Queer Musicians; Northwest</u> <u>Indians</u>

### **Spiritual Practice**

Pastor Tom has given homework to the congregation - to think about Evergreen twice a day, hold the congregation in our hearts. Maybe we can frame it as a hope - twice a day, try something like this: with hand on your heart, say or think "I hope the best for Evergreen."

# **CHILDREN & YOUTH**

We recognize the following people as contributors to our program. Thank you!

Thank you for helping make our RE program a success!

Michelle Valentine	David Sjogren
Barbara Johnson	Fred Haist
Kirstine Oh	Amy Sells Haist
Ken Rines	Desmond Smith
Paul Miller	Karen Winchell
Judy Smith	Lisa Allen
Ray Mutchler	Marijo Duprey
Alonna Chatburn	Joy Lauderbaugh
Jen Broadway	Marilyn Bosckis

Classes and Fellowship activities are now on Zoom. Our dedicated adults help keep the space safe and allow us to



move into breakout rooms for smaller group discussions.

This summer we're following the <u>Sing to the Power</u> curriculum found in the Tapestry of Faith portion of

the UUA website.

We're updating some of the stories to make the content relevant and updated; some choir members are contributing recorded audio.



We also offer storytimes, Family Fellowship, game playing, Lego building, crafting/art and other gatherings to keep ourselves connected to each other.

## PLAYING WITH THE SEASON

Q: What did the beach say to the tide when it came in? Long time, no sea.

Kathy Proctor



## **A TIME TO LAUGH**

Q: What do you call a rabbit with fleas?

Q: What's a tornadoe's favorite dance?

A: Bugs Bunny.

A: The Twist.

Q: Why was the strawberry sad?

A: Its mom was in a jam.