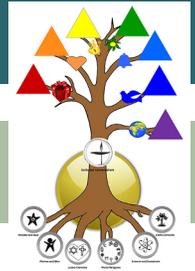


# FULL WEEK FAITH



## EXPLORE THROUGHOUT THE WEEK

### Books

- *Democracy In Chains* by Nancy MacLean
- *These Truths* by Jill Lepore
- *The Powerbroker* by Robert Caro
- *Sister Outsider* by Audre Lorde
- *Borderlands/La Frontera* by Gloria Anzaldua

### Movies

- *Freedom Writers*
- *Fern Gully*
- *An American Girl Story -Melody 1963: Love Has to Win*
- *This Is What Democracy Looks Like* by Jill Friedberg & Rick Rowley
- *Matewan* by John Sayles
- *The Interrupters* by Steve James
- *The Take* by Avi Lewis

### Craft

Make a sign you would carry to a rally - which principle would you be supporting? Take a picture of your sign and submit it to us!

### Movement

Sit on a stool or stand tall; reach behind your back with both arms outstretched and clasp your hands; push your chest forward and pull your shoulder blades together; look up and breathe deeply through the nose. Then let go and relax.

## A TEST OF FAITH

### *Political Empathy*

From the UU World Magazine:

Demonizing your political opponents doesn't change anyone's mind, but empathy can.

## COMMUNITY RESOURCES

Living our Values - Our 7th Principle:

We affirm and promote respect for the interdependent web of life of which we are a part.



350 Everett

350 Everett supports [350.org](http://350.org) -an international movement of ordinary people working to end the age of fossil fuels and build a world of community-led renewable energy for all. 350 Everett meetings are the 4th Monday of each month at Everertt United Church of Christ at 2624 Rockefeller Ave. in Everett, see Facebook Events; potluck at 6:30pm, meeting from 7:15 - 9pm.

- Monday, September 23rd
- Monday, October 28th

 Facebook Page

[www.facebook.com/350Everett/](http://www.facebook.com/350Everett/)

Group: [www.facebook.com/groups/951421774926877/](http://www.facebook.com/groups/951421774926877/)

## UUA RESOURCES

"We Have All Been Charged" by Kenny Wiley and Elaine McARDie

"No Time for a Casual Faith" by Susan Frederick-Gray "This is no time for a casual faith. As Unitarian Universalists, we are first and foremost religious communities that practice love as our foundation. We are living in times of heartbreak, violence, and pain, and in this time we need communities that remind us of our humanity."

From the Declaration of Conscience:

"We will respond by speaking truth to power and mobilizing support for those who are under siege...This is not about partisan politics. It is a principled response to the potential targeting of people not for what they have done, but for who they are. It is a commitment to speak out and to act in support of basic human rights."

[Declaration of Conscience press release](#)

The action 'arm' of the Declaration became [Love Resists, Side With Love](#)

"Through our [Side with Love](#) campaign (formerly "Standing on the Side of Love") we amplify the voices of the oppressed through online media; we show up in partnership at justice events across the country; we lobby national leaders on immigration reform, racial justice, equality for lesbian, gay, bisexual, transgender, and queer people, religious freedom, and more; and above all we work to make love real in the world."